

Health Care Reimbursement Account Worksheet

Estimate Your Eligible Expenses – Below is a partial list of eligible expenses to help you estimate your annual out-of-pocket healthcare cost:

Expenses Eligible for Reimbursement

- Insurance Deductible \$ _____
- Insurance Co payment \$ _____
- Prescription drug co payments (including birth control)..... \$ _____
- Routine physicals, including gynecological exam \$ _____
- Unreimbursed Dental expenses \$ _____
- Unreimbursed Orthodontia expenses \$ _____
- Unreimbursed Vision expenses \$ _____
- Hearing exams and hearing aids..... \$ _____
- Unreimbursed Chiropractic exams and treatment \$ _____
- Unreimbursed Occupational Therapy..... \$ _____
- Unreimbursed Psychiatric care..... \$ _____
- Special care for handicapped..... \$ _____
- Unreimbursed Therapy for Drug and Alcohol addiction..... \$ _____
- Transportation to receive health care
(including mileage at 16.5 cents per mile effective 01/01/2010) \$ _____
- Special durable medical equipment prescribed
by a physician..... \$ _____
- Other expenses specifically prescribed by a physician
for treatment of a specific diagnosis..... \$ _____

- Total Estimated Eligible Expenses \$ _____**

Expenses NOT Eligible for Reimbursement

- **Over-the-counter medicines (effective 1/01/2011)***
- Cosmetic Surgery & Procedures, including teeth bleaching, veneers, face lifts
- Health Club expenses to keep physically fit
- Expenses paid by another health plan
- Long-term care expenses
- Insurance premiums

ANY MONEY LEFT IN YOUR ACCOUNT AT THE END OF THE PLAN YEAR, BY LAW, MUST BE FORFEITED

Additional information on deductible medical expenses may be found in *IRS Publication 502 Medical and Dental Expenses* available at your local IRS office or at www.irs.ustreas.gov/Forms&Pubs. It may also be obtained from Tri-Star's website: www.tri-starsystems.com.

*For information on the exclusion on OTC medicines, go to <http://www.tri-starsystems.com/site/participant/announcements.aspx>.